Smoking Cessation

This reading list is a brief selection of journal articles, online reports and other web-based material on the topic of Smoking Cessation. Its purpose is to provide readers with an introduction to an overview of available literature on the topic. Listing a reference in no way implies an endorsement over other published research in this area. For a wider selection on this topic please search our library catalogue:

General Information


**Methods**

**Pharmacotherapy**


Hays JT, Ebbert JO. *Adverse effects and tolerability of medications for the treatment of tobacco use and dependence*. *Drugs* 2010 Dec 24;70(18):2357-2372.


Schmelzle KH, Rosser WW, Birtwistle R. *Update on pharmacologic and nonpharmacologic therapies for smoking cessation*. *Canadian Family Physician* 2008 Jul;54(7):994-999. - full text
Financial Incentives


Quitlines


Web-Based Interventions


**Alternative Therapies**


**Role of Health Professionals**


**Special Populations**


**Aboriginal Peoples**


**Disadvantaged Groups**

Miller CL, Sedivy V. Using a Quitline plus low-cost NRT to help disadvantaged smokers quit. *Tobacco Control*. 2009 Apr;18(2):144-149. – pdf full text


Siahpush M, Yong HH, Borland R, Reid JL, Hammond D. Smokers with financial stress are more likely to want to quit but less likely to try or succeed: Findings from the International Tobacco Control (ITC) Four Country Survey. *Addiction*. 2009 Aug;104(8):1382-1390.

**LGBTQ Population**


**Pregnant Women**


**Psychiatric Patients**

Campion J, Checinski K, Nurse J. Review of smoking cessation treatments for people with mental illness. *Advances in Psychiatric Treatment* 2008 May;14:208-216. – full text


**Substance Abuse Clients**


Ziedonis DM, Guydish J, Williams J, Steinberg M, Foulds J. Barriers and solutions to addressing tobacco dependence in addiction treatment programs. *Alcohol Research & Health* 2006;29(3):228-235. – full text

(Please note: for *Youth Cessation* see *Youth Reading List*)

**Relapse/Withdrawal**


