



THE ONTARIO
TOBACCO
RESEARCH
UNIT

UNITÉ
DE RECHERCHE
SUR LE TABAC
DE L'ONTARIO

Generating knowledge for public health

Tobacco and Public Health: From Theory to Practice

New Module on E-Cigarettes!

This module describes vaping devices and discusses the current state of research evidence on use, health effects and regulation.

You'll also learn about:

- **Reasons people vape**
- **Effectiveness for quitting smoking**
- **Youth initiation**
- **Secondhand exposure to aerosol**
- **Challenges for public health**

<http://tobaccocourse.otru.org>